

PUSO SA PUSO EDUKASYON, INC.

NEWSLETTER

July – September 2016. Issue No. 9



Batch 2015

*“We hold on to our dreams
and we made it happen!”*

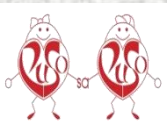
Contributors: Rodelyn Asturias, Ma. Rika Estabillo, Edwin Guevarra, Joceline Basconcillo, Jeremie Cruz, Mylene Ballaran, Darren Illarina, Jennifer Basconcillo, Eljohn Esagunde, Lucita Lachica.



Contents



Pulang Laso” (Red Ribbon): An HIV/AIDS Awareness and Prevention Session	1
ALSA-BUHAY Parola Clean-Up Drive	3
Facilitation and Module Making Workshop	5
Livelihood Activity for July 2016	6
Recognition Day and Field Trip to CJ Gomez Resort in Rizal	8
Youth Mentoring Series 2016	11
Recognition and Thanksgiving Program to the Partner Agencies of San Beda College	13
Nutrition Month 2016	14
Holy Mass for the Month of July 2016	19
Monthly Clean-up Drive	21
Payatas Center’s 4th Foundation Day	22
Learners Formation on “Personal Safety and Protective Behavior	25
ALS Graduation Ceremony in Quezon City	27
Resilience Program (REPRO) for ALSA-BUHAY Learners	29
45th Overall Commencement Exercise of ALS (Manila)	31
Monthly Mass for August 2016	33
A Benchmarking Activity on the Usage, Contents, and Organization of Portfolios in Alternative Learning System	34
Buwan ng Wika @ Parola Center	36
4th Batch Basic Home Based Education Program: Orientation Day	39
Commencement Exercise 2016	40
Resilience Program Sessions	46
DepEd ALS Manila Monitoring	49
Documentary Videographies with Religious Themes Seminar	51
DepEd ALS Manila Technical and Module Assistance	53
Newborn, New Life	55
Monthly Mass for September 2016	57



“Pulang Laso” (Red Ribbon): An HIV/AIDS Awareness and Prevention Session”
(June 24 - July 8, 2016)



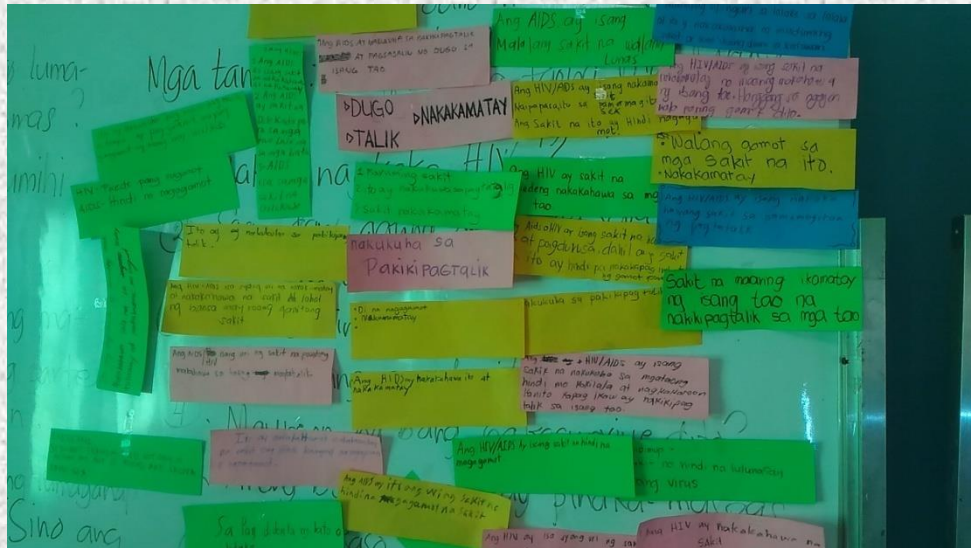
A three-part special session about HIV/AIDS awareness and prevention has been conducted at ALSA-BUHAY Payatas center last June 24th, July 1st, and July 8th of this year. It was attended by learners under BLP, elementary, and secondary levels. It was facilitated by Mr. Jeremie Cruz, R.N., one of the Instructional Manager of the institution with the assistance of Payatas staff.

An introductory activities were given during the first part of the session where in prior knowledge of the learners about HIV/AIDS were solicited. Some of the myths about the topic were corrected on the spot and after that, learners were encouraged to express some of their queries about HIV/AIDS so that it will be addressed by the facilitator on the next session. The first part of the session ended with a role-playing activity wherein each group showed how HIV/AIDS can be acquire, and the issues pertaining to it.

The last two part of the session focused on the details about HIV/AIDS. Learners were able to grasp ideas and information about the signs and symptoms of this infection and disease, incidence, risk factors, mode of transmission, diagnosis, treatments, support and services, prevention, and other facts. In addition, learners were able to watch an interview of an HIV positive patient where they got factual information and true to life experiences of PLHIV (People Living with HIV). Stigma and discriminations about this condition were cleared and relayed as well to them so that the advocacy will be intensified, hindrances for the treatment will be prevented, and strengthened equal rights of the patients.

The session ended with a post-test to gauge their knowledge and understanding. For the information and dissemination, learners were given project on making a pamphlet about HIV/AIDS.

Photos:



Prior knowledge of learners about HIV/AIDS



Role-playing activity of learners related to HIV/AIDS



During the discussion proper of the speaker and video presentation about PLHIV



ALSA-BUHAY Parola Clean-Up Drive (July 05, 2016)



In response with Learners forum about Laudato Si, the encyclical of Pope Francis and the discussion with the different Developmental and Ecological Agenda of different sectors for present Philippine Administration, the Parola ALSA BUHAY Learners proposed different activities which are achievable and possible to implement in our area. One of these proposals is to have a clean-up drive within our community. Last July 05, 2016 we gathered our learners, 5th Batch passers and the present batch to accomplish this proposal. We held our first clean up drive within the area of our learning center including the whole playground in front of Gate 1, Parola, Tondo, Manila.

To initiate this activity, Instructional Managers - Mrs. Mylene E. Ballaran and Mr. Darren Ilarina with Livelihood Coordinator, Mrs. Lucita Lachica gave instructions to follow. Learners were divided into four groups headed by each leader where every group had designated area to clean. After an hour of cleaning, eight sacks of garbage's were collected. We coordinated the Barangay for the proper disposal of garbage.

After this event, we integrated the learner experiences in their class activity, where they wrote an essay and discussed it in the class. We found out that in this kind of activity, they were happy and proud to their self that even in simple things they did, they do something for our environment.

Other photos:





Facilitation and Module Making Workshop (July 09, 2016)



Talitha Kum Philippines organized session on Facilitation and Module Making of TKP future trainers on Anti-human Trafficking on July 9, 2016 at Carmelite Sisters of Charity-Vedruna Convent - Conference Room, Quezon City. The activity was facilitated and spearheaded by Ms. Odalie Adiao- Garcia, Project officer of Talitha Kum, and Sr. Mary Adeline Abamo, SDS, Main animator.

The objective of this training is to enhance and demonstrate skills, use various facilitation techniques and appreciate when and how to use them for best effect, to develop a structured approach to the planning and conducting a session, provide effective management of the people dynamics, and to employ various facilitation techniques to help build teams, resolve conflict, and identify and solve problems.

After a short discussion, module making preceded. The participants were divided into three groups (school-based, religious, and lay groups). Hence after the activity, three representatives from the group presented the module that they made.



Talitha Kum trainers



Livelihood Activity for July 2016



Entrepreneurship

Learners of ALSABUHAY 6th batch undergone lecture on Entrepreneurship under module 1. It was held last July 5, 2016 for secondary learners and on July 19, 2016 for elementary level at livelihood building. The session started with a video showing of "Tamang Paghawak sa Pera ni Juan" (proper handling of money).



Form a word (Workshop)

Dishwashing Liquid Making

BLP (Basic literacy) learners were taught of making dishwashing liquid as part of their activity in livelihood program; so that they know the mixing of raw materials can result to other products. They were supervised by the Livelihood Coordinator, Mrs. Lucita Lachica and was given instructions and procedures in making this product.



Mixing of raw materials

Parents Meeting

Gate 17 parents group 2 (Father Jordan's group) had a meeting in ALSA BUHAY center regarding their plans in the livelihood program facilitated by the livelihood officer, present In the meeting is the president of the group.



We discussed activity and issues in livelihood program



Recognition Day and Field Trip to CJ Gomez Resort in Rizal (July 16, 2016)



For the closing of the Eskwelahan ng Buhay under Home-based Tutorial Program of our institution for batch 2015-2016, a Recognition Day of the 61 preschoolers took place last July 16. This recognition was connected with a field trip to CJ Gomez Resort in Rodriguez, Rizal. The Eskwelahan ng Buhay learners were accompanied by their respective parents each as support joined the opening program with games and songs which the children also learned in classes.

To conclude the program, each learner received a certificate for joining Eskwelahan ng Buhay, and a portfolio with memories of their year in the Preschool Program. Afterwards, all participants had enough time to enjoy swimming in the two pools of CJ Resort and had taken lunch.

At the end of the fun but exhausting day, it was time to bid farewell between students, parents and the Teachers - Stephan and Franzi who finished their volunteer-year in the Philippines. Both sides expressed their deep thanks towards each other and hoped to meet again one day.

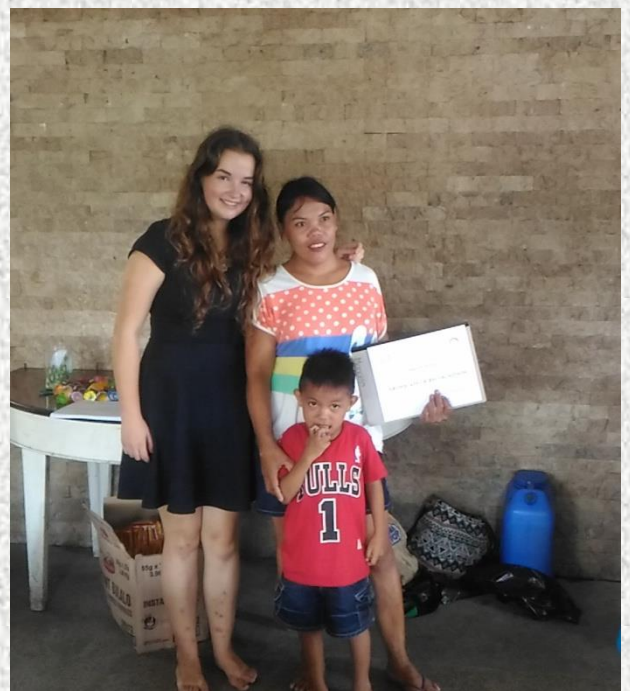
Photos:



Starting our program with a simple prayer



The kids cheerfully danced, sung, and played games facilitated by Teacher Stephan and Franzi



Awarding of certificates



One of the parents expresses her gratitude about the program and to the two teachers who diligently and wholeheartedly taught and inspired the kids.



Teacher Franzi and Stephan expressing their bittersweet farewell to the parents and kids



The teachers poses for group photos with the parents and kids



Youth Mentoring Series 2016

(July 16, 23, and 30, 2016)



As part of the Staff Development program of Puso sa Puso Edukasyon, Inc. Fr. Artur Chrzanowski, SDS invited two among the ALSA-BUHAY Staff to be part of the Youth Mentoring Seminar Series 2016 organized by the Department of Student Mentoring, Guidance and Counseling of the University of Asia and the Pacific.

On July 16, Social worker from Parola and Payatas Center attended 1st day of Youth Mentoring Seminar at PLDT Hall, 4th floor, APEC Communication Building, University of Asia and the Pacific. It was attended by almost 60 individuals from different sector and prestige schools. On the 1st day, the topics discussed are the following: Module 1: Overview of Mentoring/ Qualities and Roles of a Good Mentor/Mentee Module 2: Phases of Mentoring. The resource speaker who tackled about the 1st Module was Mr. James Lactao, Head of the Department of Student Mentoring, Guidance and Counseling. The 2nd module is all about the phases of Mentoring. It was clearly delivered by Ms. Ces M. Resurrection, PhD, the Executive Director for Student Affairs, UA&P.

On July 23, the 2nd Day of Youth Mentoring took place. The topics discussed are the following: Module 3: Art of Listening and Module 4: The Millennial (Who are they?) Mr. James Lactao, talk over about the Art of Listening. He highlighted that we should always practice the virtue of prudence in dealing with other people. On the other hand, Module 4 was all about knowing the Millennial. It was facilitated by one of Baby Boomer, Mr. Antonio R. Torralba, PhD, holder of the Mariano and Estelita De Jesus Que. His approach is different to other speakers, because he invited different ages of people from the Baby Boomer (1940-1960), Generation X (1960-1980), Generation Y or the Millennial (1981-2000) and the Generation Z (2000-present). It was parallel to a talk show wherein he formulated set of questions to gather the characteristics/main features of people from different generations. At the end point, he underscore that as a Filipino regardless of the generations that we are in we need to become united in our values.

On July 30, the last day of seminar happened. The topic discussed was all about Motivational Interview. It was given by Mr. Gabriel S. Dy-Liacco, PhD, Center for Student Affairs. He discussed that Motivational Interviewing is a client-centered, directive method for enhancing intrinsic motivation to change by exploring and resolving ambivalence.

After the 3 days seminar, participants were able to gain knowledge on how to handle youths and how to become a good mentor. We are grateful for the opportunity given us and we are looking forward on the upcoming seminars that UA&P will organized.

Other Photos



*Workshop on Art of Listening
(Triads on Interviewing)*



*Interview with the people on different generations
with Mr. Torralba*



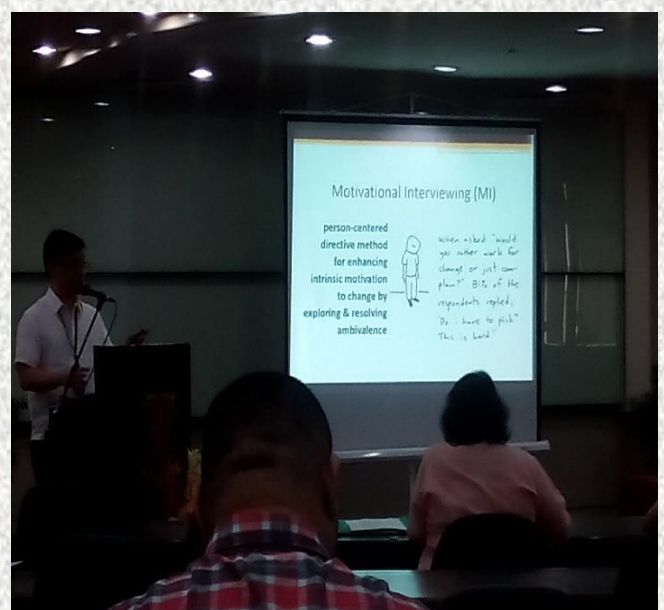
*Ms. Resurrection giving Introduction of
Phases of Mentoring*



Mr. Lactao discussing on the overview of Mentoring



Participants listening on Mr. Torralba's talk



Mr. Liacco discussing about Motivational Interview



Recognition and Thanksgiving Program to the Partner Agencies of San Beda College
(July 20, 2016)



Last July 20 (Wednesday), Pusong Buhay Edukasyon, Inc. was being invited in the Thanksgiving and Recognition Program organized by the Theology Department of San Beda College. It was attended by several NGO's like Caritas De Manila, Child Hope Asia, Hospicio De San Jose and many others.

The purpose of the program is to acknowledge and recognize the different agencies that are helping them to give further understanding on the various social situations and realities which are rampant in Philippine society to their beloved students. Not only inculcating the quality education but also giving them opportunity to widen their horizons and letting them participate in the community service and development.

Participants were able to share their experiences and also gratitude to the interns. We were also gave some suggestions and recommendations on how to improve linkages and communications between San Beda College and the NGOs.



Nutrition Month 2016
(July 22 and 29, 2016)



Nutrition Month is a campaign held every July to create greater awareness among Filipinos on the importance of nutrition. Presidential Decree 491 (1974) or the Nutrition Act of the Philippines mandates the National Nutrition Council (NNC) to lead and coordinate the nationwide campaign.

According to the National Nutrition Council (NNC), the theme for this year's celebration is "First 1000 days ni baby pahalagahan para sa malusog na kinabukasan" (Nurture your baby's first 1000 days for a healthy future). NNC explained that the theme aims to highlight the significance of the first 1000 days of life, which roughly covers a child's first three years.

In line with the celebration, ALSA-BUHAY Payatas and Parola staff facilitated a program with major activities such as cooking show, poster making contest, and nutrition booth making both which held on their respective centers.

Last July 22, 2016, a beautiful day in Payatas, Quezon City was observed. The aura of the center seems full of excitement. Learners from all levels were divided into 7 groups and encouraged to participate in each activity. Throughout the program, some of the vital skills were observed such as in communication, cooking, mathematical thinking, livelihood, interpersonal, being a team player, resourcefulness and creativity, budgeting, and many more. Delicious and nutritious dishes were prepared by the learners including Jackfruit Burger and White Sauce Pasta with Malunggay, Escabeche Tilapia, Kilawin (Milkfish), Vegetable Spring Roll, Pineapple Jam, Chicken Stir-Fry with Vegetables, Fish Cake, and Vegetable Omelet. Other contests showed creativity and artistry of the learners. All of these contests were held simultaneously and judged by Payatas staff. Below is the list of winners in different contests:

- Best in Cooking : Group 4 (Fish Cake dish)
- Best in Poster-Making: Group 5
- Best in Nutrition Booth: Group 7

Meanwhile in Parola, last July 29, 2016, similar activities were conducted as well. The poster-slogan making is conducted at around 11:00-12:00 noon and the cooking contest was done in the afternoon, in which the participants used Eggplant as the main ingredient in their invented menu. The said activities were participated by the Elementary and Secondary level. The winners for poster- slogan making contest were Ramsy Gloria from secondary and Frederick M. Estrella from elementary. For the cooking contest, the Champion is from elementary - John Mark Beltran and John Carlo, 1 st runner up - Josephine Llorca and Ms. Maimah, and 2nd runner up - Ramsy Gloria and Mark Christian Casauay from secondary level. All the winners received awards as their price for the competition.

Photos:



The stage set-up for Nutrition Month 2016 in Payatas



And the cooking showdown begins..



Judging time!



The products of their creativity (Poster-making)



Time to eat! Happy Nutrition Month!



Secondary and Elementary level, contestants of Poster-Slogan Making Contest.



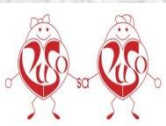
Elementary and the Secondary learners who participated in the cooking contest.



The menu prepared during the cooking contest: Chicken Adobo with Eggplant, Ginataang Tilapia with Eggplant, Eggplant Adobo, Eggplant salad, Eggplant salad with rice , Pinakbet, and Eschabeche with eggplant.



The judges including Ms. Daniela Coppola, representative from SOFIA. Ms. Malou Nabayra, one of the evaluators of SOFIA, and Mr. Elmer Palikpik, 2nd batch passer of ALSA BUHAY, Parola.



Holy Mass for the Month of July 2016
(July 29, 2016)



"How do you seek Jesus in times of hardships and pains?" Simultaneous holy masses were held in both centers of Parola and Payatas last June 29, 2016. In Parola, the mass was presided by Fr. Jecker Luego head of the chief lane and one of the priests in a coastguard community while in Payatas, Fr. Roland Jaluag of Kristong Hari Parish headed the mass held at Sagrada Familia Chapel, a nearby chapel in ALSA-BUHAY Payatas center.

The holy mass is celebrating the feast of St. Martha and the Gospel describes how Martha faced Jesus when her brother Lazarus Died. On the homily of Fr. Jecker, he compared three points of our everyday life to the time of Martha. First *"when you are problematic, hungry and in pain do you also ask God why those things are happening to you?"* Fr. Jecker also asks God about that thing, and he shared that like of many other students, he also suffers pain and hunger. But during this trial, he never loses his faith to God. Second, Fr. Jecker gave emphasis on Martha's faith on Jesus knowing that Jesus can cure the ill Lazarus. Beyond the pain, challenges, obstacles and hardships that we encounter in our life, God is always at our side, holding our hands and telling us *"Son let us walk together I will not leave you because I love you."* The last was the importance of having assistance in their study. And it relates on Pusong Pusong project that helps learners to gain basic education. *"Be thankful to them, because God send them to guide you and to be your teacher."* Fr. Jecker said. The homily really caught the attention of the learners and it touches their personal life. Learners see the hope beyond the reality of life and how faith sustains the life of a person.

On the other hand, Fr. Roland relates also the Holy Gospel to his homily. He highlighted the reality of hectic activity that we are doing in everyday life. With regards to our busy schedule, we should find time to serve God because He is always finds time to give mercy to us. If we are busy doing things against the will and teachings of our God, our future will also suffers. What makes you busy right now dictates your future life. So it will be better to do good things.



Fr. Jecker explaining the homily to the learners



ALSA-BUHAY Parola choir and attendees



ALSA-BUHAY Payatas attendees. The Holy Mass was also the thanksgiving celebration for outgoing teacher - Ms. Rodelyn Asturias and incoming teacher - Ms. Rika Estabillo.



Monthly Clean-up Drive (August 02, 2016)



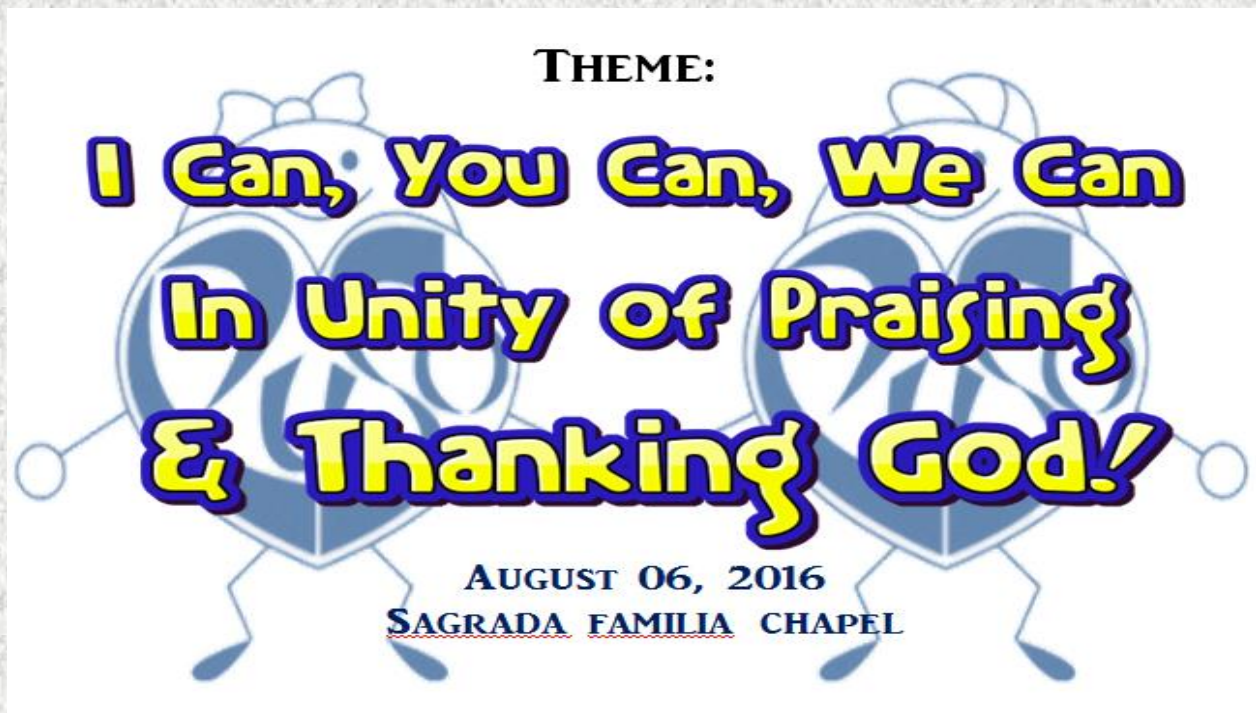
The clean-up drive that took place last month was an implementation of learners proposal in response with learners' forum about Laudato Si encyclical by Pope Francis and ecological agenda of different sectors in the present government of the Philippines. This activity is really fruitful, for learners felt happiness and contentment for a simple work they done, Moreover, they have the opportunity to aid their community even in a simple way.

In connection with this, ALSA BUHAY Parola concluded that this activity should be done at least once a month. Again another clean up drive had happened in our learning center's surrounding last Aug. 2, 2016 at 9:00 am to 10:30 am. 6th Batch ALSA-BUHAY learners cleaned the whole play ground of Binondo, Manila. Six sacks of garbage's were collected.





“Payatas Center’s 4th Foundation Day”
(August 05, 2016)



The ALSA-BUHAY Payatas Center celebrated its 4th Foundation Day last August 05, 2016 at Sagrada Familia Chapel and ground. This year marks the celebration of continuous success of the program and its impact to the community with the theme: “I Can, You Can, We Can: In Unity of Praising and Thanking God”.

The program commenced with a Thanksgiving Mass headed and presided by none other than our president, Fr. Artur Chrzanowski, SDS. Important points have been highlighted during the homily such as developing a heart full of gratitude for the people that take time and effort for them (learners). Mistakes are part of our lives and we should learn and reflect from them. There are times that we encounter as such or committed it unintentionally, but it doesn't connote that we are in the realm of failure.

After the mass, the celebration continued with talents showcase. But before that, Sr. Frances gave an opening remark and conveyed thanks to our special guest consisting of Ateneo Medical students, Sr. Mila Singap, FLP, Program Supervisor of Parola Center and Daniela Coppola, representative from SOFIA, a funding agency that also supports the ALSA-BUHAY program. Many learners individually or by group demonstrated their talents in singing, dancing, playing instruments, and many more. These talents amazed the guests and other attendees including our president - Fr. Artur. Because of this, he shared the possibility of partnering with other institutions that hone talents of youth. Nearing at the end of the program, staff and learners from all level showcased an interpretative number with a song of “I can” by Donna Cruz.

It was indeed a successful celebration and becoming a tradition that annually anticipated.

Photos:



Fr. Arur, President of Puso sa Puso, presiding the Thanksgiving Mass for Payatas ' 4th Foundation Day



Some of the amazing talents that transpired during the program proper.



The finale performance showcased by selected learners from all level and Payatas staff.



And learners did enjoyed the presentation

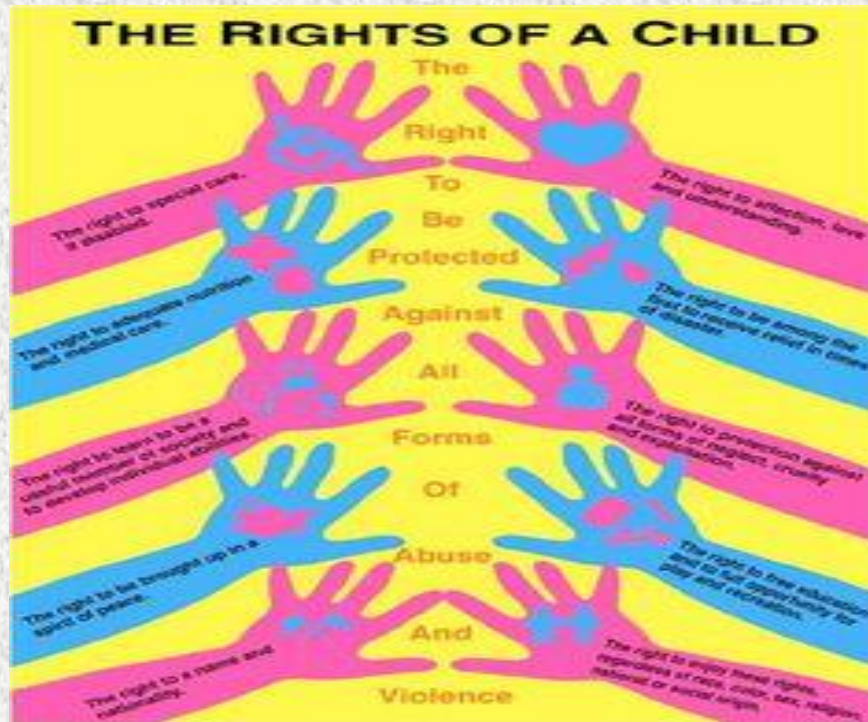


Again, thank you to all of our donors, sponsors, and benefactors! God bless you more!



“Learners Formation on “Personal Safety and Protective Behavior”

(August 05 & 09, 2016)



The formation for the learners entitled “Personal Safety and Protective Behavior” which was conducted by Sr. Adele Abamo, SDS of SPCC National Office and was attended by Parola and Payatas ALSA-BUHAY learners from all levels. It was held last August 5 at Livelihood Center of Parola and on August 9 at Payatas center.

The said formations were commenced with opening prayers led by Sr. Adele through video presentation. She asked the learners to summarize what they learned from the past formation entitled “Teen Sexuality and Relationships” which was conducted by Ms. Merian P. Aldea.

Sr. Adele discussed separately the meaning of Personal Safety and Protective Behavior. According to her no one has the right to kill, to hurt, and to rape anyone else. The main objective of the said formation is to know the reasons why there are a lot of abused children. She gave them a guide question:

- What part in your house, school, and community that you feel unsafe? Why?
 - This guide question served as tool to monitor and to understand the situation or what the learners experienced. Thereafter, she divided the learners into 2 groups (group of boys and group of girls). The groups were individually facilitated by Sr. Adel and staff.

The second activity is entitled “how to say no?” were learners taught on the different danger zones in their body specially on girls. Sr. Adel called volunteer to dramatize the situation that she gave. And it makes the learners more aware on their responsibilities and how to avoid the undesirable situation. After the sharing, Sr. Adele discussed the effects if you were abused and their support system that can help them to overcome such traumatic experiences.

To sum up the discussion, Sr. Adele emphasized that they need to open up to their parents and know to respect other people. Most importantly: respect yourself first and know when, where, and how to fight for yourself.

The activity ended up with a closing party led by Sr. Adele Abamo, SD

Photos:



Sr Adele led the opening prayer through Video presentation



One of the learners, Joshua Punzalan summarized what he learned from past formation



The girls group sharing led by Sr. Adele and facilitated by staff



The activity entitled "The Courage to Say No!" which executed by learners through a role-play.





“ALS Graduation Ceremony in Quezon City”

(August 14, 2016)



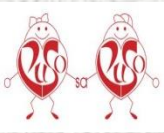
Graduation is the best awaiting day of the students. It symbolizes hard earned work after their hardship given to their studies. Receiving a diploma is the best gift that they can ever receive. It is such a big opportunity for anyone to march on the aisle while wearing their toga. But it is more than an honor if one of the students would receive an outstanding award as one of the top performing learners in the whole Quezon City.

One of the learners of Puso sa Puso Edukasyon, Inc. attended and received a special award, from the division Office of Quezon City last August 14, 2016 during the graduation day of all ALS graduates in the whole Quezon City which was held at Quezon City Polytechnic University at Quirino Highway Novaliches, Quezon City. The ceremony focused on the theme: “Tayo kabataan, Isulong ang Kinabukasan”. Ms. Elizabeth Meneses, Chief Curriculum Implementation Division and Ms. Irene Barzaga, Educational Program Specialist II, acknowledged the award to our learner - Angel Boy Gerongco, being the top 6 in the whole Quezon City, in Elementary level from the recent A&E exam. The said graduation attended by Sr. Frances Mangabat, SDS, Program Coordinator and Supervisor of Payatas, Ms. Ma. Rika Estabillo, Instructional Manager, and Ms. Joceline Basconcillo, RSW. Such experience gave pride, serve as an inspiration, and motivation to the instructional managers and to the institution to continue giving quality education for our future students.

And now, Angel Boy Gerongco is currently enrolled at Puso sa Puso Edukasyon Inc. as a secondary learner. The institution is still looking forward and committed to produce more quality and responsible graduates.

Photos during the graduation:





Resilience Program (REPRO) for ALSA-BUHAY Learners
(August 22, 2016)



The discourse of Puso sa Puso Edukasyon, Inc. and Center for Family Ministries (CeFam) was scheduled last August 5, 2016 (Tuesday) at Ateneo de Manila University, Loyola Heights, Quezon City. It was attended by the Head of REPRO, Ms. Ma. Dolores T. Del Rosario, M.A, Ms. Edna Sandico, CeFam facilitator, Ms. Grace Marquez, Ms. Cory, Ms. Menchu, Sr. Mila P. Singap, FLP (Parola Supervisor), Sr. Frances Mangabat, SDS (PSPEI, Program Coordinator), and Ms. Jennifer C. Basconcillo, RSW (PSPEI, Community Social worker)

The dialogue was spearheaded by Ms. Del Rosario. In the course of conversation, the history of the REPRO program, and its manual was presented. REPRO is one of the innovative programs of Center for Family Ministries that was founded by Fr. Ruben Tanseco, S.J.

The Resilience Program (REPRO) is a strength- based program that helps rescued street children to discover, identify and build resilience traits that will empower them to triumph over their adversities. Resilience has been defined as a person's capacity to cope, to "bounce back", to grow in the face of misfortune and to develop the competence to adapt positively in future setbacks.

REPRO is conducted for adolescents residing in child welfare centers as well as for out-of-school youth living in marginalized communities. Having suffered poverty, neglect, abuse, abandonment and similar adversities, the world is seen by them as uncaring, sad, harsh and dangerous- making them feel alone, unwanted and afraid. REPRO hopes to help themselves in healing the painful effects of such adversities and develop thinking skills that will lead them to personal growth.

In 20 weekly (or bi-weekly) sessions for a time durations of 2.5 to 3 hours per session, the meaning of resilience is explored and its development is fostered through mini-lectures, games, interactive exercises, role- playing, puppet play, storytelling, film showing, music, Resilience Album (journaling) and sharing by resource persons.

Puso sa Puso Edukasyon, Inc. in partnership with Center for Family Ministries (CeFam) the program has been officially started. It will be conducted every Monday and Friday at 1:00 o'clock in the afternoon. REPRO program will benefited the twenty five (25) Alsa Buhay beneficiaries from both Center (12 learners from Parola center while 13 learners from Payatas center).

It was officially launched last August 22, 2016 (Monday) at Salvatorian Father House at Nicanor Reyes, Xavierville II, Loyola Heights Quezon City.



Group A: The winning team



Group B: The competitor



First session of Resilience program (REPRO)
Alsa Buhay learners from Payatas and Parola center



The Getting to know each other game facilitated By Ms. Edna, Ms. Grace Marquez , and Ms. Cory



“45th Overall Commencement Exercise of ALS (Manila)”
(August 26, 2016)



Graduation day is one of the most awaited and memorable experience for an ALS learner. Another graduation ceremony was attended by ALSA BUHAY Parola learners- the 45th Overall Commencement Exercise of ALS Manila which was held last Aug. 26, 2016 at 9:00am at San Andres Sports Complex, Malate Manila.

It was attended by all DepEd ALS service providers which include the school-based ALS, community-based, and Non Government Organization ALS. Manila Mayor Joseph Estrada, Former DepEd Sec. Armin A. Luistro FSC, DepEd NCR Director Ponciano A. Menguito and Manila Superintendent Wilfredo E Cabral were all present in the said program and gave their greetings and messages to all the graduates.

In line with this ceremony, Puso sa Puso Edukasyon, Inc. being one of the partner for implementing Alternative Learning System was given an opportunity to be placed in ALS Manila Year Book which they called “Tinig”. This will be given to all the graduates and it will serve as a souvenir. This book shows all the passers of every Learning Center and it shows that Puso sa Puso Edukasyon, Inc. attained the highest number of passers among NGOs in Manila.



The Graduation Ceremony Proper



ALS Manila Year Book



“Monthly Mass for August 2016”
(August 26, 2016)

“For the foolishness of God is wiser than human wisdom, and the weakness of God is stronger than human strength.”

1 Corinthians 1:25

The mass was held at the livelihood center of Parola center, Tondo Manila last August 26, 2016. It was celebrated by the president Fr. Arthur Chrzanowski, SDS with full of energy and grace. The mass was joined by the learners from all levels.



Fr. Arthur gave emphasis on the first reading that focuses on the ability of the man. One of these is the talents of the learners that God implanted to every one of them. Like what he always says “You have a lot of talents in you, use it, share it, and improve it.” His homily inspired the learners to work more on their study and fields. He also gets the attention of the learners all throughout the mass. However, he requested the group to join the choir to sing and be livelier. He added that the mass is not concentrated to him, but to Jesus who will come on His own special way.



The ALSA-BUHAY Parola Choir



The President with the Learners

The homily concluded on his very inspiring statement “with your talents, you are all passers.” The mass continue to its very important part the Consecration and joined by all the learners and staffs. After the mass Father Arthur played his compilation of songs which attracts the learners to dance on its every beat.



“A Benchmarking Activity on the Usage, Contents, and Organization of Portfolios in Alternative Learning System”

(August 27, 2016)



In view of DepEd Order No. 55, s 2016 also known as the Policy Guidelines on the National Assessment of Student Learning for the K to 12 Basic Education Program, the Quezon City Division conducted a benchmarking activity on the usage, contents and organization of portfolios of learners at Don Alejandro Roces Sr. Science-Technology High School(DARSSTHS) last August 27,2016 at 9:00 AM. The participants to this activity are the instructional managers, mobile teachers and Education Program Specialists.

Surpassing the national passing rate of 56% for the recent Accreditation and Equivalency Test, and having the score of 57% for Quezon City, this Division anticipated this DepEd order as something that needs to be work on and be carefully and diligently prepared by ALS service provider both in public and private sector.

Dr. Ana Rosa Rabanal, Head of Social Science Department of DARSSTHS gave an opening remark for all the participants of the said activity. It was followed by the discussion of the main topic facilitated by Mr. Dennis G. Maño, EPS II, District 4 of Quezon City. Mr. Maño discussed the usage, content, and organization of portfolio assessment as an effective tool for increasing learners' performance particularly in the Accreditation and Equivalency Test. He also added important updates that will modify the traditional A&E test. Accordingly, the provision stated that portfolio will now be part for A and E final assessment rating with 50% percentage weight and the other 50% will be acquired from written assessment (A&E test).

Another sharer of the program was Mrs. Elma E. Mansit, Instructional Manager. She discussed the basics and importance of educational assessment for our learners. Ms. Elizabeth Meneses, Chief Curriculum Implementation Division Supervisor closed the program with hopes of unity and applying the best practices for all clientele of basic education. Sample learners' portfolio were presented as well.



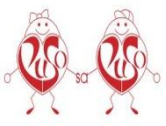
Mr. Maño explaining the main topic of the activity



Participants of the activity paying attention to the discussion



NGO participants including representative from our institution – Ms. Rika Estabiillo and Mr. Jeremie Cruz



“Buwan ng Wika @ Parola Center”
(August 31, 2016)



“If you talk to a man in a language he understands, that goes to his head. If you talk to him in his own language, that goes to his heart.”

-Nelson Mandela

MANILA, Philippines - The country celebrates 'Buwan ng Wika' or 'Buwan ng Wikang Pambansa' (National Language Month) this August 2016 as an annual celebration highlighting our Filipino language. The theme for 2016 Buwan ng Wika is Filipino: Wika ng Karunungan.

Last August 31, 2016 Parola ALSA Buhay celebrating Buwan ng Wika with a various activities being conducted such as solo singing contest, “Balagtasan”, poem and impromptu speaking .The ALSA Buhay learners from elementary and secondary participated for this activity.

The winner for singing contest are Mr. Mark Beltran and Ms.Ailyn Saso with the song “Dakilang Lahi “ while In “Balagtasan”, Mr. Mark Casuay, Louie Cutara Jr. and Angelito Cebrano won with a piece: “Ano ba ang dapat gamitin: Wikang English o Wikang Tagalog?” For poem reading contest, Ms. Janette Celino emerged as a winner with her piece “Wika sa Lupang Tinubuan” and Mr.Mark Casauay won again for Impromptu speaking contest.

After the activity, learners were given time to further discussed their experiences and were asked regarding the importance of national language.



Contestant for the various activities



The prizes for the contest



The winners receiving their prizes



The judges- Sr. Frances Mangabat- Project coordinator/Payatas Supervisor, Sr.Mila Singap FLP- Parola Supervisor and the social worker Ms. Jennifer Basconsillo RSW



“4th Batch Basic Home Based Education Program: Orientation Day”
(August 31, 2016)



Last August 31, Ms. Joceline Basconcillo, RSW, Payatas Social Worker gave an orientation about Basic Home Based Tutorial Program to the new set of parents of beneficiaries under this program. It happened at Payatas ALSA-BUHAY Center around 9 in the morning. It was attended by 31 parents.

The main purpose of the activity is to make known the Puso sa Puso Edukasyon, Inc. to the people in the community, more specifically the BASIC HOME BASED TUTORIAL PROGRAM. Additionally, it is for them to know the class schedule of their children and also to know their responsibility as a parent towards their kids.

Parents were very excited to see their kids learning new things with the help of new German teachers. The new teachers from Germany were present as well during the orientation and formally introduced their selves to the parents.





“Commencement Exercise 2016”
(August 20, 2016)



With the customary and symbolic tossing of their graduation tassels from left to right, 67 learners from Puso sa Puso Edukasyon, Inc. culminated the 2016 Commencement Exercise with a huge success.

Learners, parents, honorable guests, board members, management, and staff joined in this momentous celebration of 67 successful graduates and passers of Alternative Learning System – Accreditation and Equivalency Examination. It was held in the afternoon of August 20, 2016 at Palace of the Rock, St. Peter Parish in Quezon City.

The celebration begins with a Baccalaureate Mass presided by none other than our beloved president, Fr. Artur Chranowski, SDS. He took this time also during his homily to relay all the things that transpired to him in the recent years including how the institution continuously doing its mission of inspiring people and how education can use as transformative tool for a better future. Nonetheless, he added that learners should be grateful of other people's sacrifice so that they can have a better path in life.

The program continues with the graduation ceremony with a theme: “Kabataang mula sa ALS, Tagapagdala ng Kaunlaran sa Bansang Pilipinas”. For the record, this is the first time that the two centers of ALSA-BUHAY coalesced for this event. The centers united as well to pull out the best and grandest graduation ceremony so far that our learners deserved to experience. Below are the list of learners who earned medals, special awards, and scholarship grant that was being announced and highlighted during the midmost of the ceremony:

Parola Center:

Outstanding Learner in Elementary: Ramsy, Gloria

Secondary

3rd Honorable Mention: Galang, Jenifer

2nd Honorable Mention: Rodel, Errol

1st Honorable Mention: Cortez, Aibeen

Salutatorian: Morillos, Claudia

Valedictorian: Sandagan, Ana Lona
Peer Facilitator Awardees: Delos Santos, Nancy

Scholarship for International Cookery NC II

1. Sandagan, Ana Luna sandagan

2. Saso, Ailyn

3. Cainta, Joan

Payatas Center:

Outstanding Learner in Elementary:
Gerongco, Angel Boy

Secondary

3rd Honorable Mention: Sapno, Ma. Theresita

2nd Honorable Mention: Martinez, Marjorie

1st Honorable Mention: Bonife, Dianna Marie

Salutatorian: Acuin, John Mark

Valedictorian: Layos, Glenda

Peer Facilitator Awardees:

1. Bonife, Dianna Marie

2. Muedan, Marione Micaela

3. Acuin, John Mark

4. Terana, Christian

Scholarship for International Cookery NC II

1. Terana, Christian

2. Bonife, Dianna Marie

3. Gabon, Jocelyn

Learner of the Year (Learner from both centers who got the highest A&E grade):
Layos, Glenda

Top Performing Learners in Quezon City (Top 6) Elementary Overall: Gerongco, Angel Boy
(Awarded by the representatives from DepEd Quezon City Division Office)

In line with this year's graduation theme, our learners are truly on their way of becoming productive individuals and will take part as the author of our country's future. During the valedictory speech, Glenda Layos relayed to her fellow graduates "There is no easy way to achieve a goal in life. We need to pass through all the challenges that we will encounter along our way! We must never give up, surrender, or lose hope for the things we find difficult to get because these will lead us to a fruitful tomorrow." A simple yet powerful reminder that dreams are beautiful as it may seem yet complex to achieve but worth fighting for.

Nearing at the end of the program, the graduates sung a tribute song to their parents entitled "Dahil Sa'yo" by Juris Fernandez. Afterwards, a thanksgiving message was addressed by one of the parents in Parola. The graduation song entitled "You Can Make It Happen" accurately sums up their experience in ALSA-BUHAY and how they transform their elusive dream into tangible and real.

The program was attended by various guest such as representative from Enfant Du Mekong, Department of Education personnel from Quezon City and Manila, Brothers, Sisters and Superiors from Salvatorian, teacher-volunteers from Germany and Poland, Kenyan Brothers, evaluators from SOFIA, Barangay officials, formator and partners of our foundation, and board members.

Photos:



Fr. Artur Chrzanowski, SDS presided the mass ad assisted with Salvatorian priests



The procession of graduates, parents, staff, and guests of honor.



The 6th batch Parola learners performing the doxology entitled "The Prayer"



Claudia Murallos delivering her welcome address to all attendees



Our guest speaker – Ms. Janelle Arevalo, ALSA-BUHAY Parola alumna



Presentation and confirmation of graduates facilitated by Fr. Artur and Sr. Frances



Awarding of Outstanding Learners and recipients of scholarship



Awarding of certificates for Scholarship for International Cookery NC II with Mr. and Mrs. Maciek & Lorena Smigielska



Analuna Sandangan (left) and Glenda Layos (right) delivering their valedictory speeches to their co-graduates



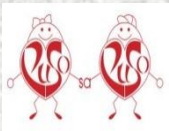
Emotional parents after the graduates sung their tribute song to them



One of the parents, Mrs. Bello, expressed her gratefulness towards our institution



Group photo after the ceremony



“Resilience Program Sessions”
(September 2, 5, 9, 16, 19, 23, 26 & 30)



In the month of September, selected learners underwent 8 sessions of Resilience Program at Salvatorian house, Loyola Heights, Quezon City. Topics revolved on true self, family, forgiveness, hope, true friend over bully and positive thinking skills over their past and present adversities in life. It was spearheaded by Ms. Grace and her team.

The objectives of the past sessions were the following:

- *to discover their true self
- *to have deeper understanding and to practice empathy on their parents and others
- *to ventilate and express their negative loads from childhood up to present experiences
- *to realize that they can all do great things considering their own weaknesses
- *to understand and differentiate good friend from bully friend.
- *identify and build resilience traits that will empower them to triumph over their negative experiences.

The activity begins with a prayer, sharing of blessings, presenting of short video on previous session, discussion proper and writing up their reflections on their REPRO ALBUM (Workshop Activity).

REPRO facilitators also integrated different activities such as role playing, film showing, small/big group sharing, and discussion. They had given also some games/ice breakers to make the session more attractive and interesting.

After several sessions, little by little changes became observable to the participants.



Recapping of the previous topic with Ms. Edna



Discussion on Empathy with Ms. Pet and Ms. V



Small group sharing on their experiences pertaining to "Maling Akala"



Writing-up on their REPRO Album



Awarding of stars to co-repro learners on their positive qualities



Film-showing of the life John Foppe (Story of hope and success)



Ms. Grace used Mandala board to explain the reasons why a person reveal his/her false self.



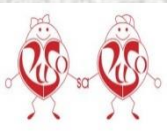
REPRO facilitators lead the prayer of healing and the participants burned the piece of paper containing statements of their negative/traumatic experiences.



Dyads on getting to know you



Celebrating REPRO participant's gift of life.



“DepEd ALS Manila Monitoring”
(September 16 & 20, 2016)

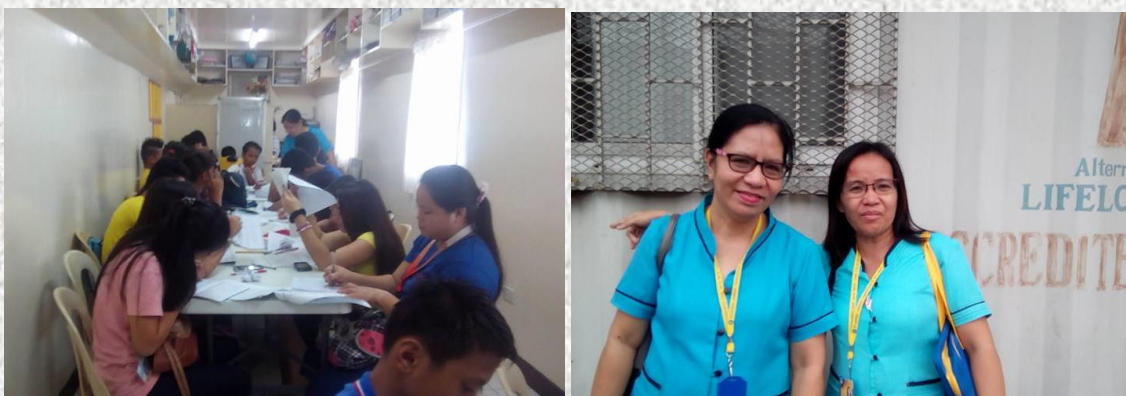


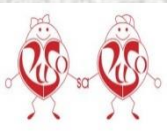
To ensure that the program of Alternative Learning System of the Department of Education is implemented well, DepEd ALS Manila mandated that the assigned personnel must conduct close monitoring in both in School-Based Learning Center and Community Learning Center.

In line with this, ALSA BUHAY Parola Learning Center was monitored last September 16, 2016 by Ms. Veronica Alcazar, DepEd ALS Manila Lead Monitored in District 1 to III. She observed the class of Basic Literacy which facilitated by Mr. Darren Ilarina. Ms. Veron was impressed with the strategies that there is an individual learning material per learner depending on their needs. Another thing that impressed with her was the idea of having a Peer Facilitator from the ALS learners.

Last September 20, 2016, another DepEd ALS personnel arrived in the center - Ms. Leah Faa and Ms. Sevilla Arcinas. They observed the Secondary class and asked documents such as Learning Outline, Monthly Report, etc. These documents show how the Instructional Manager delivered lessons, manage the class and how the learners readiness being assisted.

Photos during monitoring and visit of DepEd officials:





“Documentary Videographies with Religious Themes Seminar”
(September 17, 2016)



With the efforts of Social Communications and Media Ministry under Diocese of Novaliches, another relevant and timely seminar was made possible. It was held at the Conference Room, Chancery Office in Quezon City last September 17, 2016 at 9am to 3pm. The speaker of the activity is Ms. Pie Mabanta-Fenomeno, Department Head, Electronic Media, Communication Foundation for Asia (CFA)

This seminar is limited to the basics of documentary videographies in the context of the Church's teachings and precepts on Social Communications as a tool for new evangelization. Additionally, the seminar intends to provide participants the types of digital video, video hardware, movie making overview, editing tools, techniques, software and outputting video that would be useful in covering monumental events for the Church.

The said seminar was attended by staff of Pusong Buhay Edukasyon, Inc. from Payatas and Parola Center together with priest members, lay members, ministry directors, core group coordinator and parishioners.

During the seminar proper, Ms. Pie discussed the basics of videography, video editing and outputting. In between discussions were hands-on activities that participants are actively partaking. All participants were divided into groups to create an output about community rehabilitation regarding war on drugs. On the last part of the seminar, the groups made short films about the topic. They were able to present and explain it to the other groups with critique from the speaker.

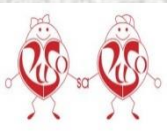
Other photos:



Participants creating output and planning for the content of the video



Group photo after the seminar
Page 52



“DepEd ALS Manila Technical and Module Assistance”
(September 21 & 27, 2016)

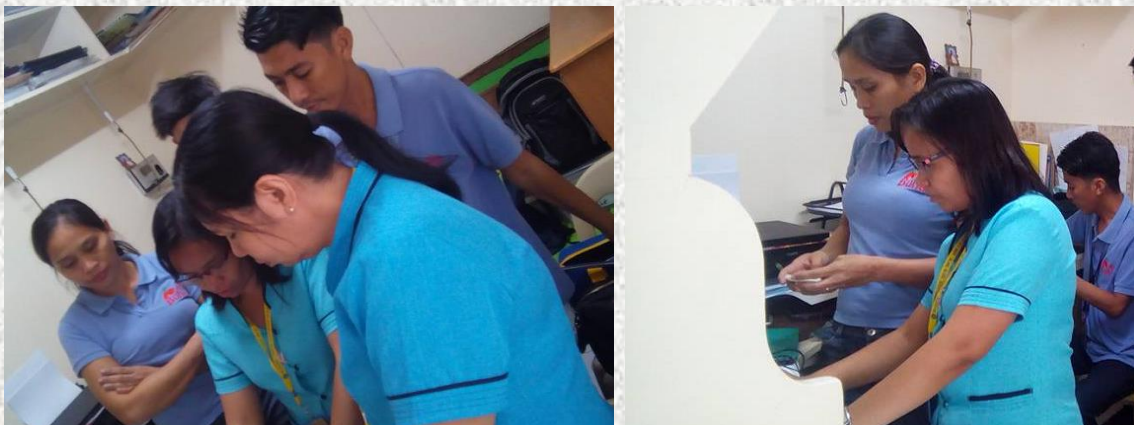


In order to facilitate the tracking of pupils, students or learners and their performance, a Unique Learner Reference Number (LRN) will be issued to all public school pupils and students and Alternative Learning System (ALS) learners based on School Year (SY) 2011-2012 Master list of Students, Pupils or Learners submitted per DepEd Order No. 67, s. 2011.

In connection with this DepEd order, Ms. Lea Faa together with Ms. Sevilla Arcinas visited the ALSA BUHAY Learning Center to give technical assistant in uploading and encoding learners at DepEd official website. Ms. Mylene Ballaran as assigned staff in coordinating DEPED, was given an account to encode the learners. Through this, LRN of the learners will trace and those who don't have yet LRN will be given.

Last September 27, 2016 another assistance given by DepEd ALS Manila to ALSA BUHAY Parola center. They provided 700 copies of new ALS Modules. Ms. Mylene E. Ballaran, Parola Instructional Manager picked up the modules in the ALS School-Based Learning Center of Ms. Veronica Alcazar at Pedro Guevarra Elementary School.

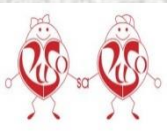
Photos:



Ms. Lea Faa teaches how to upload learners information at DepEd LIS Website.



Counting the number of modules per Title.



“Newborn, New Life”
(September 30, 2016)



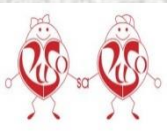
It was a beautiful day in Payatas, Quezon City where staff and learners were busy preparing for the Friday mass that will take place on that morning. In the middle of preparation, an unexpected call from one of relative of our previous learner (graduated this year) just lived nearby the center asked for help. Accordingly, they need assistance regarding the impending delivery of newborn of our learner and they're looking for one of the Instructional Manager (IM), Mr. Jeremie Cruz who happened to be a registered nurse as well. Though there was a bit of hesitation and surprise, the IM together with the social worker immediately went directly to the house since the condition of the learner is already on an urgent state.

As they reached the room of the learner, at about 8:45am, the newborn was already out with the assistance of her father. Sir Jeremie immediately did a newborn care including monitoring of APGAR score (Activity, Pulse, Grimace, Appearance, Respiration) which showed that the newborn is in good state. With a minimal medical supplies and equipment and just by using household resources, he performed initial drying and cord care including umbilical cord cutting, and cleaning. He then performed placental delivery, and lastly, an immediate postpartum care. The family is so grateful after the delivery.

This unique situation shows that our mission is definitely not only tied with what our job description dictated to us. But more than that, it is human call to assist our beneficiaries in whatever we can. It is an immense experience to us that we are still able to touch their lives beyond the call of duty.



Our learner, Ma. Theresita Sapno and her baby together with Puso staff Mr. Jeremie Cruz(IM) and Ms. Joceline Basconcillo, RSW(Social Worker)



“Monthly Mass for September 2016”
(September 30, 2016)



Last September 30, 2016, we gathered our beneficiaries for our Monthly Friday Mass. It was simultaneously held at ALSA BUHAY Payatas Center at 9:30am and Puso sa Puso Livelihood Parola Center at 10:00 am. The mass celebrants were Fr. Roland Jaluag, Parish Priest of Kristong Hari and Fr. Francis Teo Kean Seng from the Missionary Community of St. Paul, the Apostles in Payatas and Parola, respectively.

This day also celebrates and commemorates the feast day of St. Jerome. He is recognized as a Saint and Doctor of the Church by the Roman Catholic Church. The reading comes from the Gospel of Luke (10:13-16). On the homily, Fr. Roland relayed to the learners that our God has a never ending ways to help us. These miracles and answered prayers must be foster through gratitude, nurturing, and a tool in changing one's life. Accordingly, these blessings are deemed concrete offering of God as himself.

On the other hand, Fr. Francis related it to the learners' lives that our institution has continuously giving them free education and the same with Jesus, learners should do something good in valuing of what they receiving. He also mentioned the German Volunteer Teacher that in whatever opportunity that our institution provided to them, in return, they must also give their commitment and their selves to the program.

Photos during the mass:



Selected Secondary Learners in reading the Gospel and Prayer of the Faithful.



Holy Mass in Parola Center



Holy Mass in Payatas Center